

DETAILED SINGLE-STRING SOLOING INSTRUCTIONS

1. Use a countdown timer.
2. Set the timer to three minutes.
3. Get a backing track set up in the key of C to solo over.
4. Start your timer and start the music.
5. Play on the high E string (thinnest E string).
 - a. You can first play the C major scale up and down the string if you need to, to refresh where the notes are. See the relationships from note to note. Try to memorize right away where the EF and BC half steps are on that string. This should only take one minute or less, giving you two more minutes to solo.
 - b. Use your half step locations as visual anchor points to help navigate your fingerings around the string.
 - c. Only play three notes at a time, and only play them when you know what they are, meaning their names.
 - d. Sing every note you play with their solfeggio note names.
 - e. After you have played a three-note phrase, move to an entirely different location on that string. Play another three-note phrase there. Keep moving around the string (this to avoid you sounding or playing too scalar, as in for example CDE DEF EFG FGA and so on which sounds more like a scale exercise than a solo).
6. When your timer goes off, you're done on that string.
7. Hit start again on the timer, and solo on the B string now for the next three minutes. Do exactly the same as you did on the E string.
8. Don't practice on the bass E string. It's the same like the high E string.
9. 5 strings x 3 minutes = **15min daily drill**.

If you only have time to do a couple of strings: no worries. You fed the information to your brain; that is all that counts. Just do the rest tomorrow.