16th Note Displacement.

Following 4 exercises will train your time-feel.

Slashes represent chords.

You get a chord sound when you gently “squeeze” the strings against the frets.

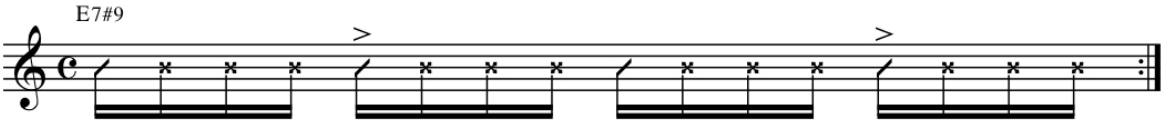
X’s represent mutes.

Mutes sound percussive because you prevent the strings from vibrating after the string attack. Mutes occur when you rest your hand on the strings without pressing them down against the frets.

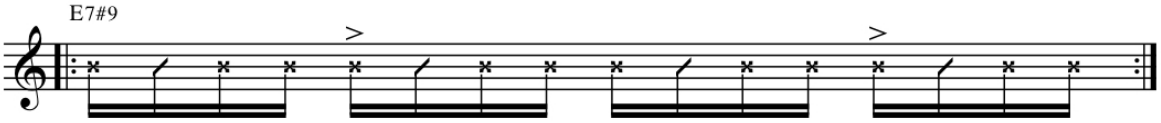
How to do these exercises:

1) With metronome at minimum 52Bpm up to maximum 56Bpm.
2) Strum down up down up.
3) 5 Minutes a day non-stop. Every day.
4) Different exercise each day.
5) Hit harder on beats 2 and 4. Accent those beats: it will help you keep time and help you lock in better with the metronome.

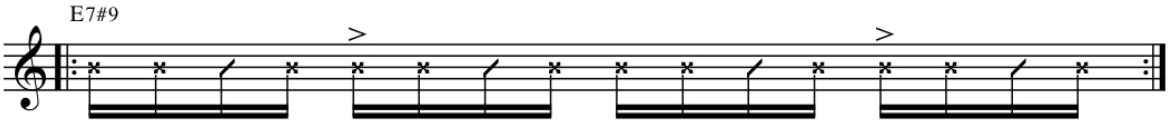
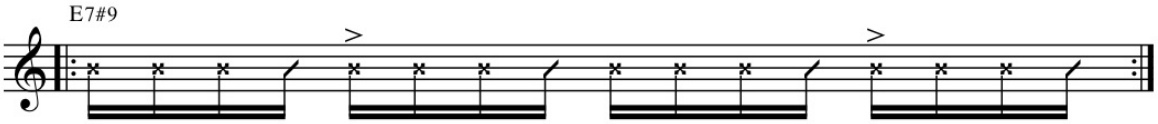
Exercise 1:



Exercise 2:



Exercise 3:



Exercise 4: